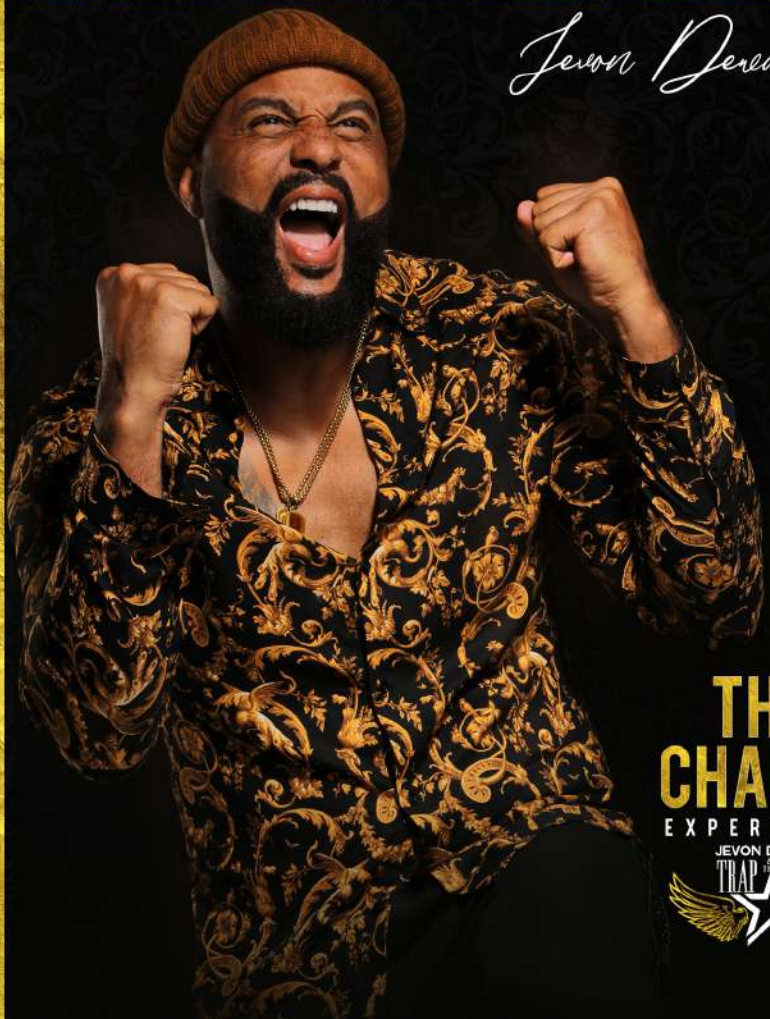
J.U.M.P

Just Understanding My Purpose

Jevon Dewand



THE CHANGE EXPERIENCE EP

JEVON DEWAND & TRAP STARZ

IF YOU TAKE YOUR J.U.M.P YOUR LIFE WILL CHANGE!

J.U.M.P.

Just Understanding My Purpose

A Quick Read
with Jevon Dewand

"You have now purchased your ticket.
A new trajectory has been destined
for endless possibilities in your life."

CHAPTER ONE

REPAIR

Coming into this world, many stereotypes are put on you that were not designed for you. So much pain that you have encountered was no fault of your own. This created your insecurities and weaknesses and built you to the point where now you feel like you are not enough. But we know that isn't true.

Today is the day we work toward repairing all of those things inside of us that hold us back, talk to us in our minds late at night, and say 'you are not enough.' It is time for you to repair your heart, mind, spirit, outlook, relationships, and insecurities.

This is what it's all about. It's time to get maintenance, just like a car. Whether you buy a new or old

vehicle, it needs maintenance. Even if you have a warranty inside of your extended warranty in your life, you still have to repair.

You still have to get new tires and oil changes for your car, equivalent to the maintenance your life needs. It's time to flush your engine. Even though you are walking around looking like a Boeing 757 jet, you still need maintenance. The inside needs the tune up -- the person in the mirror.

I'm thinking about how to get to the ultimate goal of what fulfills you in your life and your life's purpose. You can't see your purpose because you're trying to live out the purpose of your stereotypes; trying to live up to an unhealthy marriage or an unhealthy relationship.

You're too afraid to try or fail. Every time you get ready to jump, your knees hurt. Every time you get ready to jump, your lower back hurts. It's not because of your age; it's not because of genetics. It's because of your baggage. It's baggage that's weighing you down. We are not going to throw that baggage away, because it just comes right back. You tried to hide it. You tried to

throw it away when people came over. But you have to repair it face-to-face.

In my life, from a young age, I've had to stand up to my fears, discomfort, and hard conversations with people that have done things to me that made me feel heavy and made me feel like I couldn't do certain things. When people told me that I couldn't do something simply because they couldn't do it, I refused to let them put their fears on me.

Step 1: INNER CONFIDENCE

I started saying to myself, "I can do it. I can do it. I can do it." I said it until the entire neighborhood would hear me.

The first step is to know that I can do it. Inside of repairing myself, I started changing my oil. I had to get a tune up. You have to believe beyond your heart, mouth, and mind. You have to believe beyond the limits. Whenever someone says to me, "You are out of your mind," I respond, "Perfect."

My mind is what had me in a cage, until I repaired it. I decided to open the floodgates. And at some point, you have to be tired of being what everyone else

says you are. Make up your mind of what you are. Repair. We need the good fuel. We need the great warranty. The outside looks good, but the inside looks even better.

Do not be a woman with just a beautiful face or a man with a lot of money. Success and looks don't matter if the interior is messed up and the engine is running badly. By the time you get to a certain speed, the engine will blow up. This doesn't mean that you're going to blow up and destroy yourself physically, but you can do it mentally.

You have to figure out your purpose. The only way to get to true purpose is to absorb what is inside of you. But if you are full of negativity and doubt, then what do you have to give? You will be able to fool people for a while, but in the long run, your true self will resurface. That relationship between you and your mother that hurt you needs to be repaired. That relationship between you and your father that disappointed you needs to be repaired. That relationship between your sister and/or brother needs repairing.

Step 2: WRITE IT DOWN.

How did I get to the point of being less than? Some of those feelings are not factual, and it's up to you to understand the truth. When you look in the mirror, you feel like you aren't beautiful. Then when you step outside, everyone says that you're gorgeous. This is a prime example of facts versus feelings.

You feel like you need makeup and weave. I like makeup and weave, but it's not a need because you are already beautiful. Yes. You may need to lose weight, but that doesn't mean that you're not beautiful.

It's okay to want to repair those things. You should always strive to be the best version of yourself. You can do the mechanical things of maintenance to make yourself aesthetically pleasing, but make sure you are repairing the internal as well.

Step 3: EXECUTE AND GO DO THE WORK.

Don't get me wrong, it's tough. I'm doing the work and still doing the work. You may read this book and think that I've had an easy path, but that's not true. This is, once again, another stereotype put on me.

When you're repairing, it's not about your time,

it's about your turn. Use your time wisely so that you are prepared when it's your turn.

A lot of times we can't recognize our turn because we are in doubt about the time it takes to get there. You move quickly because you are in your feelings. But it's not going to work because you've been trying all your life to do things that are comfortable. You have been too scared to jump out of your safe zone because you never prepared your life to jump out of the same space you were used to.

You have too much mileage in your life. This repairing process happens daily. You didn't get an oil change, now your car doesn't have oil. If it doesn't have oil, it will eventually stop working. This is how your body, mind, spirit and thoughts work. You need to consistently go and get maintenance to keep you and your mental state at the highest level of happiness.

Look at happiness as a value, not a feeling. Once you get happiness, you can give the world what you have. So many people will die with no purpose, and many people will die believing that they had no purpose. However, it is not true that they lived a pur- poseless life.

We all have a purpose, but it's about how you seek to find that purpose. I don't want to change your mind -- I just want to add something to it. Hopefully, this will inspire you and remind you that sometimes you might have to go backward before you can go forward.

We will JUMP, we will FLY, we will SOAR, but first we must make sure that we are able to carry people with us. You will not go alone. But to carry people with you, you must be strong enough to handle the load. This is why you must repair: because you aren't strong enough yet.

There will be a lot of adversities once you get to the top of the building preparing for your jump. Most people will not believe in you -- and that's okay -- until they witness you take flight. It's your purpose. Now, repair yourself so that you are open to recognize your gift, open for your happiness, and open for your success. But you have to be ready for it. You have to be able to carry it.

When it comes to preparing your car and life, there will be naysayers. You will look good to the positive and the negative energy. They want to key your car,

take what's inside, attack your character, and diminish what you've built your entire life by telling you what and who you are.

If you don't know who you are, you will start to believe what the naysayers think or say. Although they have never seen you or held a conversation with you, you will start to buy into everything that they come at you with, and this can be accomplished all because you aren't strong enough.

Comparing your life to a car battery, you need the negative and positive sides to move. The negative things that happened in your life were needed. It's up to you to connect it to the positive side to help it fuel you. Hook the positive and negative sides to move forward.

They made the rearview mirror with the purpose of the rearview mirror being a lot smaller than the windshield. The windshield is big, which causes everything in front of you to appear larger in size than what you see behind you. That "larger in size" is your future. But most people can't see their future because they are constantly stuck in their past. When you're stuck in the

past, you will have a hard time focusing on your future.

I, too, had to stop looking behind me until I was ready to repair me. I had the ability to forgive; however, it would be difficult for me to forget a situation. That's the struggle you have to deal with every day. Speak to yourself and tell yourself to "get over it."

God still has you here for a reason. I look in the mirror and continuously talk to myself to ensure that I'm staying on track. I need to keep saying what my purpose and desire is and that this is an ongoing process. You cannot move forward and prepare what God has for you if you haven't repaired yourself to receive it. We will talk about "preparing" in the next chapter.

I hope that you are ready to repair your life because God has an amazing gift for you. But before you can prepare and receive what you want, desire, and deserve, you have to repair your life to recognize it, see it, receive it, appreciate it, and go serve other people. How amazing! But if serving is beneath you, then leadership is beyond you.

I believe in you. You must be patient in your journey and be open to repairing your life daily to infect and

inspire the world and to bring value in every room that you walk in. One way to repair is to write down what you're doing to make sure that you're doing the work. And make sure to repeat this cycle daily.

When you wear clothes, they get dirty. And when you wash those clothes, all the stains might not get out. In life, some stains will stay with you, but that's okay. You just want to work on getting those stains out until they are gone. Some of those stains could be bad thoughts, bad habits, or bad information. But it's time to elevate our lives.

(Don't forget to write the steps to your greatness.)

ACTIVATION TIPS

- *Repairing isn't just a one-time thing. Just like a car, you need a scheduled maintenance. You need a tune up. You need to check your insecurities and learn to balance your life.*
- *To truly tap into your purpose, you need to address yourself, open up, and take a look at your interior.*
- *Release the negativity and focus on fixing your interior.*
- *Write down what you need to repair internally.*
- *Put the work in to execute what you need to repair.*
- *It takes time because it is a process. Repeat this process daily.*

“MY STEPS TO GREATNESS”

“MY STEPS TO GREATNESS”

“MY STEPS TO GREATNESS”

“MY STEPS TO GREATNESS”

“MY STEPS TO GREATNESS”

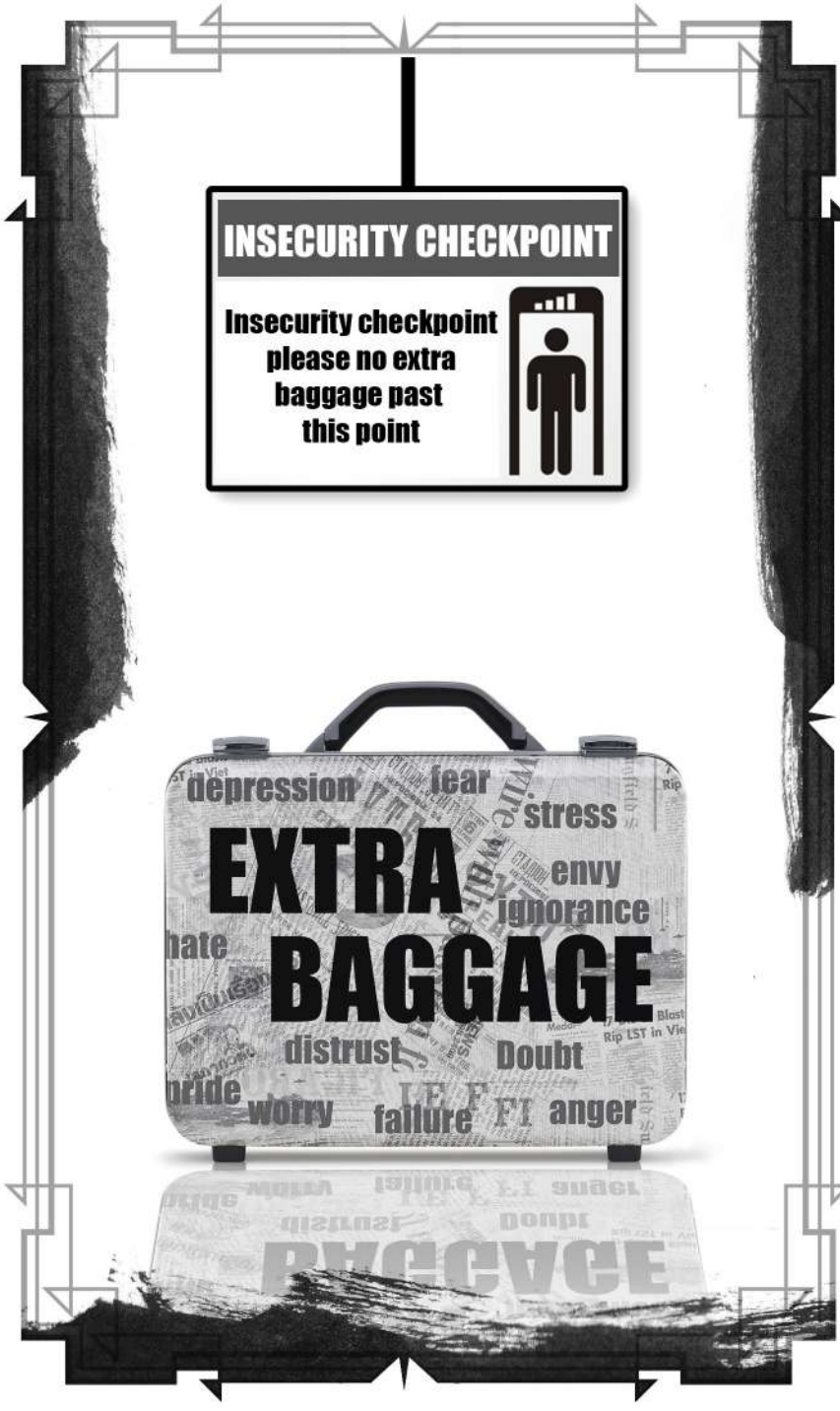
“MY STEPS TO GREATNESS”

“MY STEPS TO GREATNESS”

“MY STEPS TO GREATNESS”

“MY STEPS TO GREATNESS”

“MY STEPS TO GREATNESS”


INSECURITY CHECKPOINT
Insecurity checkpoint please no extra baggage past this point
depression
fear
stress
EXTRA
envy
ignorance
hate
BAGGAGE
distrust
Doubt
pride
worry
failure
anger

CHAPTER TWO

PREPARE

Most people skip Chapter 1 and go straight to Chapter 2, and that's because many people are always asking for things that they are not ready for. If you think it is a myth, let me prove it.

How many times have you asked God for more blessings? You might have asked for more materialistic things such as a raise in salary, a new car, a bigger house, or maybe you have dreamt of taking elaborate vacations. You ask for all of this, but yet you don't take the time to thank Him for walking, talking, and breathing. These are the things that you take for granted.

Thank Him for waking you up in the morning and for being able to walk, talk, and breathe. Thank Him

for a healthy family and great friends. You really don't know how blessed you are until you reflect.

All I'm saying is that most of the people in the world are always in the preparing stage, kind of similar to wrapping gift boxes like it's Christmas and then waiting for new gifts. But without repairing, the preparation will always be in vain. You will find yourself always desiring more.

Don't get me wrong, there is nothing wrong with desiring more, just as long as you know exactly what you need. During your preparation stage, recognizing exactly what to work on will make you stronger, wiser, and more unique. You are now the minority. The preparation stage is very important after you have identified exactly what you are preparing for.

For example, you just graduated from college and you were studying to become a lawyer. At this point, it's pretty clear what the next step is: law school. You know exactly what you need to do to accomplish your goal because real preparation is clarity. It is not for everyone to see where you are going, just as long as you have the vision.

Most people are always in their preparation stage, but they are unclear on where they are going. I call that “GPS”: the “guided personal system” that is tailor-made for you.

During this stage, you have to find the right address for what you desire. This is the path to your purpose. It’s not just a job, not just a career; it’s not even moved by money. But there is something else beneath your feet that vibrates the ground that you walk on. I like to call it “shoes of purpose.”

When you’re walking in your purpose, you can leave footprints in cement while everyone else is leaving footprints in the sand. Preparation is a mindset. It’s strategic. It’s figuring out your playbook, your rules, your values, and your desires. Then write them down on paper so that you can read it daily. This is the only way to be consistent in your execution.

Once you have repaired your past, the preparation stage is illuminated totally different than it has ever been in your life. You will no longer be in a box or condemned by the thoughts in your mind that were downloaded to you when you were born. This is when

you will develop a new ideology.

Your entire life, you have been a laptop downloading viruses that tell you what you can't do, what you shouldn't do, and what will never work. It's sad to say, but most viruses that speak to you are your closest friends, and oftentimes, include the ones you love. They are downloading their fears onto you. Un- fortunately, they were never prepared to jump outside of their comfort zones.

I don't know about you, but I'm getting excited! I'm stretching, and my vertical is getting a little higher. My knees are feeling like I'm 16 again. I'm getting prepared to JUMP!

When you activate these steps, something magical will happen. You will shed an immense amount of dead weight that you've carried your entire life. You will feel lighter, and you will have more energy. You will be closer to happiness in every aspect of your life because now you understand there is something bigger that you've lived for, other than yourself. Your entire situation will flip. You will become the software, and the world is now the laptop.

Something will begin to pull you to places that you never thought you would go, and now it's time to share what you know with the entire world. It is now a part of your purpose: to eliminate the viruses.

Once you know the goal and task that you desire, this book will help you to get ready. This is an internal building block.

If you have never looked at yourself as a leader, it's now time to start envisioning yourself as one. If you never thought you were a winner, that's a lie. If you never thought you were good enough, you have been holding yourself back.

Starting today, only speak positive affirmations to the internal you. And once you believe it in your mind, every part of your body will follow. People will see a difference in you.

Now, some will call it arrogance, while others will call it confidence. I call it "GODfidence."

Preparation brings admiration from others. Preparation brings inspiration to others.

So this is for all of my ladies. Let me prove exactly what I said. My mantra is: "facts, not feelings."

Here are the facts: As a woman, you have the power to inspire everyone and everything that comes into contact with you. And when you have done the right preparation, not just externally but internally, every room you walk in and every room you leave, they will not just talk about how attractive you are, but they will also mention about how great you are. Let's go a little further.

How many women have great preparation when it comes to your hair, makeup, getting your nails and toes done, and keeping your body right? Raise your hand. Exactly.

Now, how many compliments do you get because of this great preparation? I.e. "You look beautiful today." "Your skin is radiant. What products do you use for it?" "Your body is amazing." "I love the color on your nails."

A lot of women hear this quite often because of the preparation you make daily. But hold up! Stay right there. Let me talk to my men.

Fellas, the same thing goes for us. How many of us do the following: keep a fresh haircut, keep our beard trimmed; you make sure you have the greatest

smell goods; you go to the gym to stay in shape, or you wash your car whenever the sun is shining?

And as soon as you drive by, someone comments that you have a nice car, and then you walk by a young lady that says, “You smell amazing.” And before you can turn the corner, you get another compliment about your beard and haircut. Do you ever wonder why? It’s because of the preparations you make daily.

Unfortunately, most people do not feel the same about their character or personality because most have skipped that part of the preparation process. Internally, nothing is transcending beyond your looks and the material things. But we will fix that today, step by step, by going deep inside and building on the things that we have overlooked.

I need you to get off the couch, stretch your hamstrings because we are about to JUMP. We are not sitting in our comfort zone anymore. It’s now time to prepare for something greater! What is your passion? What are you good at? What do other people recognize in you that is great? Are you working on it daily? Most people will answer these questions with arrogance, but

yet have never done the work. So, it's no surprise that they don't know.

It's very important to recognize your great- ness. That doesn't mean you are really good at it yet, but when you know deep down inside this is what you should be doing, now it's time to put the work in. I call it "submarine work."

No one sees what you're doing at this point. No one is paying attention to you in this season. Just like a submarine being deep underwater -- repairing, preparing, and understanding everything you need to do to be the best you and being persistent and consistent every day, that's called "submarine work."

Most people are not excited about this process because it's not glamorous, but it is a necessary step to build your foundation, your core, and your inner strength. After you have completed the work, then the exciting stage begins.

You are now prepared and ready to become a yacht. This is when you will be admired by the world, and they will be telling you how amazing you are. The

yacht is aesthetically pleasing; therefore, most people are attracted to it. However, there will be a distinctive difference between your yacht and others'. You will now have a submarine foundation. And when the currents become difficult to navigate, it will be very hard to sink.

Unfortunately, there are no exemptions from adversity. On a daily basis, this process will need to be implemented and embedded in your life. This is not a diet, it's a lifestyle. But now you have a personal manual to activate when needed. Even when something doesn't work out, instead of renting a room inside of the "problem hotel", you have built your mindset to become solution-driven. Now it's time to seek multiple ways to accomplish your goals.

(Don't forget to write the steps to your greatness.)

ACTIVATION TIPS

- *Without repairing, it will be difficult to enter the preparing stage. You will always find yourself revisiting the negativity that holds you back and keeps you in your comfort zone.*
- *Identify what you are preparing for so that you know exactly how many steps you need to take to gain results.*
- *Real preparation leads to clarity – VISION. Preparation is your playbook! Write it down, write it down, write it down! Then execute.*
- *Preparation inspires others!*

“MY STEPS TO GREATNESS”

“MY STEPS TO GREATNESS”

“MY STEPS TO GREATNESS”

“MY STEPS TO GREATNESS”

“MY STEPS TO GREATNESS”

“MY STEPS TO GREATNESS”

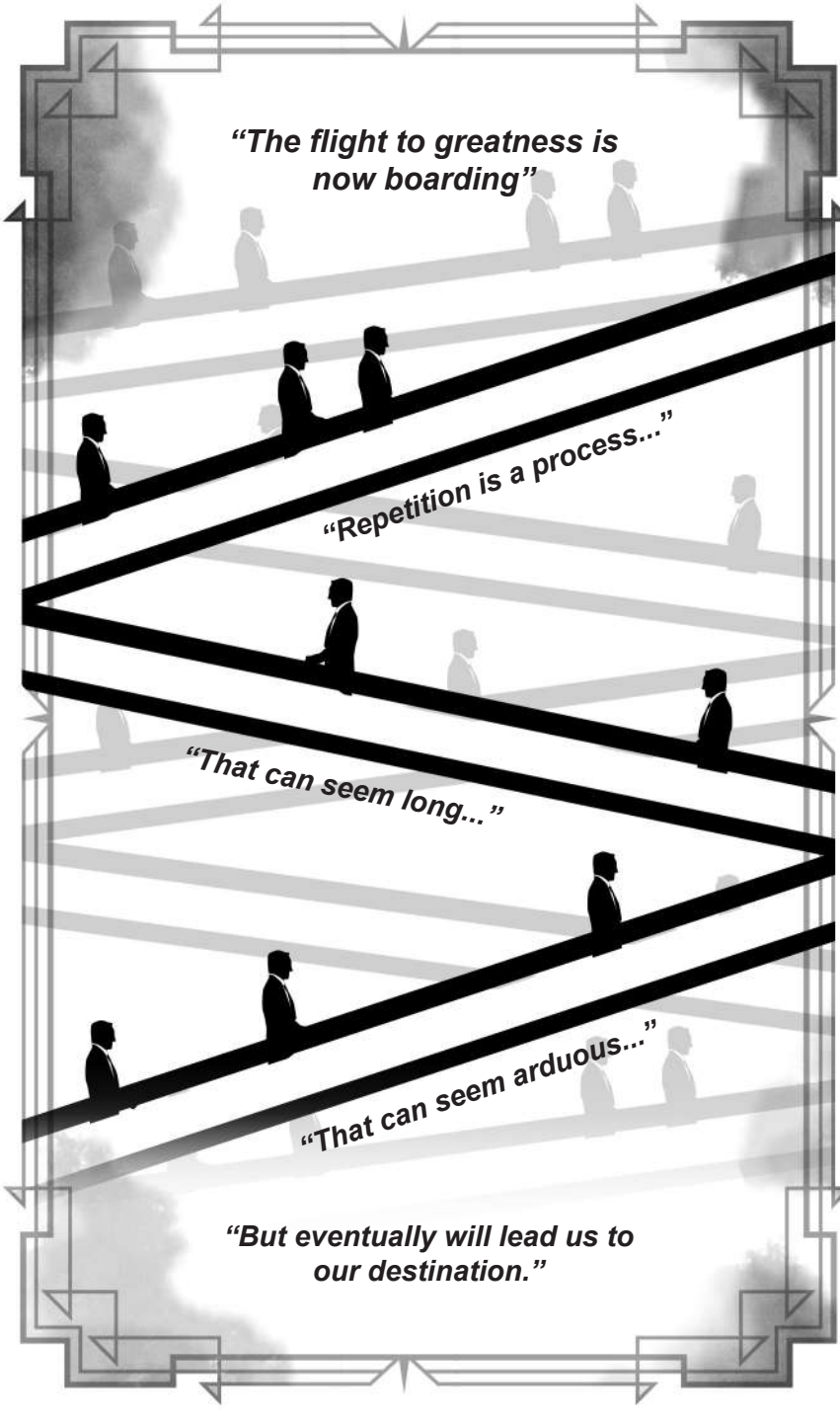
“MY STEPS TO GREATNESS”

“MY STEPS TO GREATNESS”

“MY STEPS TO GREATNESS”

“MY STEPS TO GREATNESS”

“MY STEPS TO GREATNESS”


"The flight to greatness is now boarding"
"Repetition is a process..."
"That can seem long..."
"That can seem arduous..."
"But eventually will lead us to our destination."

CHAPTER THREE

ACTIVATE

Faith is having complete trust or confidence in someone or something. Most people talk about faith daily, especially when it comes to believing in God. However, most will never apply this belief to themselves.

Fear is an unpleasant emotion caused by the belief that someone or something is dangerous, or likely to cause pain or a threat. This is what most people concentrate on in the world, through social media or in your neighborhood, home, church, job, gym, or wherever you go -- fear is one of the most common conversations you will hear. This is why it holds you back, because it weakens your immune system when it comes to faith. Fear is a tool that is made by man, controlled by man

and distributed by the world.

Self-confidence is when you believe in yourself. To believe in yourself you must believe that you are worthy of what you desire. You have to download positive affirmations, as I said before. What you think is usually what you believe. But when you learn to control your thoughts, your outcome will be different.

Most failures are from the limitations of the mind. This chapter now tells you that you are the king, or you are the queen; and you are the winner. This is one of the ways to build faith over fear. You are now the personal trainer to your thoughts. Keep working out every part of your body and start utilizing everything that I am telling you, which are in my activation tips.

This is not about motivation. Motivation only keeps you hype for only a moment. It quickly dies off and will immediately need fulfilling again. This is about activating your life. It's time for you to do the work. But first we have to break down all the things in your life that need repairing.

You need new strategies for the highest octane of information. All of these steps that I am sharing with

you will make you responsible for your life and not other people. Everything starts with you.

When you're looking in the mirror, your new slogan is: "Everything starts with me!" And point right in the mirror while saying it. Each day when you wake up, I want you to keep in mind to do the following. As loud as you can, I want you to say those four words at least five times throughout the day -- "Everything starts with me!"

This is to build confidence within you. Once you believe it, then you can make others believe it as well. We are building a shield around your life that fear cannot break nor can it easily penetrate your faith. When you walk out of your house, everything around you can create fear. But what's most important is that people look at you and think that you are the hero of conquering fear. This doesn't mean that you will be immortal. What this simply means is that you will not give up easily, especially in your mind.

Think about doctors that go into surgery for hours and hours and everyone is fearful that the patient is going to die. The vital signs start to fade, oxygen

levels are decreasing, but the doctor never quits. Even when the odds are stacked against him, he still believes he has a chance to turn this person around and save his/her life.

Now, this doesn't mean he will be successful each time – because God has the final say in life or death. What's most important is that regardless of the outcome, the next time he steps in the room, he believes that he will save that person's life again. Repetition is essential. If you have a talent, you must work on that talent long enough until you become skillful at it. It's not about time; it's about your turn.

Everyone always thinks it's their time but cannot recognize their turn. Why is this? Because most people think that if you do something for an extended amount of time, you can control the results. Unfortunately, this is a myth.

What you have to do is control your mind. Most people are optimistic thinkers and praise that way of thinking. However, I question it.

When it comes to mindset, I would never want to be put into a box. An optimistic thinker sometimes can

lose momentum on what they believe because it did not happen in the time that they desire.

I see some of you shaking your head in disbelief. I'm not trying to change your mind, so let me add something to it.

Have you ever experienced being on your job and mastering every skill? And on an annual basis, you receive raving reviews? When a promotion becomes available, everyone thinks that you are the favorable candidate for the position. You're extremely excited when they call you in the office about the new position.

Now you run home and tell your better half the exciting news: "I'm about to get the promotion for my dream job! There's no way that anyone would get selected over me! I've excelled in every area and have received more awards than anyone you can name! I'm 100% confident that it's in the bag."

Then unfortunately, you did not get it, and now this impacts you in a negative way. The thoughts in your mind affect your work ethic and paralyze the steps that you have taken each day to get this point.

Optimism creates time limits. And when it does

not happen within the time frame you desired, it diminishes your faith. But let's try adding another lane on "thought highway."

It's called "a persistent mindset," and this will assist you in understanding that you cannot control everything that you desire. But it will help you realize that what you can control is yourself.

You will confidently say, "I'm not going to quit, no matter how long it takes. I will stay dedicated to my goal." This will add a new lane to your thought highway called "a fix-mindset." It's self-explanatory. You will now start to fix all of the imperfections of your thoughts that have been hindering your progress your entire life.

Now, close your eyes and imagine your mind is the Autobahn in Germany. Now you have multiple lanes that accommodate other people, with no limitations, that are going in the same direction, with fewer roadblocks. The more you strengthen your mind, the stronger you become to carry people with you.

This is very important. As you get ready to jump, you inspire others that didn't believe in themselves, but now they believe in you. We are now the Boeing 747

jet that is durable enough to carry heavy cargo to a new height.

If you recall, in Chapter 1, we talked about repairing and removing the negative cargo you've been carrying around in your life which made it too heavy for you to jump. Now, after understanding this process, you have built yourself to carry your new cargo and everyone else's negative cargo.

Most will be non-believers; others will be users. I call them "lily pad jumpers." They would only reserve a seat on your plane to jump to the next plane when adversity and the turbulence get too rough. But this is okay because this is when you identify the people that are destined to be in your life, next to your life, around your life, and more importantly, away from your life. As I stated before, regardless of other people, the only person you can control is YOU.

They won't understand that you are living and walking in your purpose. You're jumping every day, not just today. Just like a plane that leaves Atlanta and lands in LA, that plane goes through the process of repairing, which is maintenance; preparation which

includes cleaning and restocking. Then you have the loading onto the plane the passengers that have reserved seating, and now they're about to take flight.

Through this process, your plane will become more of a private flight. You will start to handpick who you would like to jump with you.

Unfortunately, there will be limited seating, and you will not be able to take everyone. Be sure that the pilot, God, never changes. He will guide you through everything, even when you can't see. Make sure that when you are in the co-pilot seat that you build a strong and resilient relationship with the pilot.

At this moment, learn as much as you can. Listen more than you have ever listened before. After this flight, you will become the messenger to the world about your experiences. Even when you do not feel like jumping, always remember that there was a time that your pilot didn't feel like flying, but He continued to pilot your life.

Walking in your purpose will not be comfortable shoes to walk in. These shoes will become heavy at times and will definitely get damaged. Just remember

to keep taking steps. You will get tired and frustrated at times, but this is when you activate the persistent mindset daily.

Keep telling yourself out loud that everything starts with you, and no matter how long it takes to fulfill your purpose, you're not going to quit.

It's okay to rest on your journey when you become empty. It is imperative to fill your spirit up over and over again so that you can inspire everyone that comes in contact with you.

Most people will think that you are too strong to become weak and that you will never need a helping hand, or that you have all the answers. They will probably never ask if you need anything. But that's okay, and let me explain why.

When activating your life on a consistent ba- sis, your energy resonates differently than the average human beings. Your light will shine bright as the Sirius star. People will always be drawn to your light because most people are walking in darkness.

Now, it's your responsibility to understand that your purpose is bigger than you. When it comes to your

purpose, the day that you begin to only concentrate on yourself, that's the day you are back in your comfort zone. I will not let you go back to your comfort zone because it's my responsibility to know that my purpose is bigger than me.

When you get tired, I want you to pick this book back up and read it again so it can pull you back to your destiny. If you get fearful, I want you to say this out loud, wherever you are:

"I have a vision for my life. I see hills that I have to climb, miles and miles away from everything that I've ever known. But to fulfill this goal, I have to unpack my fear and leave it behind."

This is the repellant against every insecurity and every negative situation that you have experienced that has always tried to come back to hinder your life and impede the progress that you have made thus far. As soon as you speak to your mind, faith will appear.

Faith is an exercise. The more you work on it, the more your life will be whipped into shape. Having faith over fear is hard in the world that we live in, only because faith is not tangible; however, fear can be.

Many people believe in what they see, not in what they feel. There will be a distinct difference when it comes to you after you activate your life. You will be able to see your feelings. I call that having “spiritual goggles.” It will amplify the disbelief that most have in their life and glorify all of the blessings that you overlook daily.

In this activation, you will understand that waking up is the biggest blessing that you could ever have, and everything after that is a bonus. Adversity is as common as the common cold: no one is exempt from it. Therefore, it is imperative to keep activating these steps in your life.

You may think that I’m asking a lot from you. Well, don’t think any further, because I am. We are now accountability partners. We will hold each other accountable for greatness.

When I want to quit, I want you to scream to me, “No, you cannot quit! You have a vision for your life!” And when you want to give up, I will shout, “You have hills to climb, so let’s keep moving!”

We will walk through the valley and inspire the

lives of people we have never met. And there will be no mountain high enough that we cannot conquer because we are getting ready to JUMP!

(Don't forget to write the steps to your greatness.)

ACTIVATION TIPS

- *Look in the mirror. Your new slogan is: "Everything starts with YOU!" It's time to change reflection. The negative thoughts in your mind will affect your work ethic and will attempt to paralyze the steps that you are trying to take every day. Activate your mind with endless possibilities.*
- *Optimism can create time limits. And when it does not happen within the time frame that you desire, it diminishes your faith. Add a persistent lane to your mind. No matter how long it takes, you know that it will happen, and you will not quit. Learn to enjoy the process.*
- *Find yourself an accountability partner that will support you every step of the way. Both of you will hold the position as the leader and the follower and be held accountable for each other's greatness.*
- *Have fun!*
- *Activate your life and repeat the steps that you need to do on a daily basis so that you can change the*

height of your vertical. When you start to jump to a higher altitude, you will inspire people on your way up.

“MY STEPS TO GREATNESS”

“MY STEPS TO GREATNESS”

“MY STEPS TO GREATNESS”

“MY STEPS TO GREATNESS”

“MY STEPS TO GREATNESS”

“MY STEPS TO GREATNESS”

“MY STEPS TO GREATNESS”

“MY STEPS TO GREATNESS”

“MY STEPS TO GREATNESS”

“MY STEPS TO GREATNESS”

“MY STEPS TO GREATNESS”

“Fasten your seatbelts. Make sure your character is in an upright position. We are about to take flight. We may hit some turbulence, but don’t worry. This flight will not crash; it’s built on purpose.”

“We will just fly higher over the clouds. I can’t wait to see you soar.”

CHAPTER FOUR

JUMP

You have finally made it to the point of no return -- standing at the highest point of your life, looking over all of the things that you have overcome. I want you to be proud of yourself at this moment. Smile and rejoice and celebrate your new beginning!

This is where you give yourself credit for going through the tough terrain inside of your life. It's very difficult to go through this process, especially when you have to do it all alone. No one can get you to this point but you. Others can support you, encourage you, and even assist you at times, but every step that has been made has to be encouraged by you.

I'm so proud of everything that you have accom-

plished up to this point. Take your time and bask in this moment as there is another journey ahead. At this time, fear will attempt to set in, but it's okay. The higher your altitude, the more fearful it can become.

It's like standing on a cloud looking down at the world and it's unbelievable what is happening at this moment. Every building, every person, every experience all looks the same. I call it "The God's Perspective."

We are finally all the same color and size. This is where you discover how to denounce traditions and the conditions that you have been taught which handicapped you from seeing a clear vision. You are finally free.

What I am telling you is that most people see the world from the bottom looking up to the clouds wondering what their purpose is; asking why something hasn't happened in their lives; complaining to God every day but will never help themselves. You are now the minority.

The questions that you used to ask have morphed into statements. "Thank You, God, for waking me

up this morning. I deserve happiness. I will inspire the world. Nothing will seem impossible anymore."

Right now, think about riding on a cloud with no parachute, no airplane, but only faith. This is what you will need to take this leap. You will have to know that you will soar, although everyone else believes that you are committing suicide.

The greatest part in being at this high altitude is that it's going to be very difficult to hear all the haters and naysayers telling you what you cannot accomplish. Their opinions of you cannot be heard on this level. The process that you have applied to your life was for a reason, so now it's time to test it.

You can now do everything that you thought you could not do. Thoughts of unworthiness can dissipate. Your mind doesn't control you. You are now the director of your mind. No one will hijack your life and hold you hostage anymore and download their virus into you.

You are in the ultimate position to control what you desire in this world. Speak it! Claim it! Prophesy it! And then JUMP! Repeat this on a consistent basis to stay persistent in your purpose.

“Today will be the hardest one of all because this is the first time where your faith will be tested like never before.”

You may have to choose your dream over your job, your wife, or your husband. You may have to move to another city, even though your family, friends, and children reside in the place where you are most comfortable. But, unfortunately, your purpose will make you uncomfortable. It is time to JUMP.

If you are looking for the perfect time, you will never do it because every time you walk closer to the edge of the cliff, you will see your past, which will make you afraid that you will fall back into the routine of negativity and depression.

That’s why it is imperative to exercise and activate these steps whenever you need them. You will have to repair new pain to prepare for new blessings to activate your life just to jump again.

Here we go! It’s time! No more procrastination. Repeat after me and say this five times: “J.U.M.P, Just Understanding My Purpose.”

The most important words inside of this ac-

ronym are “MY PURPOSE.” Now that you have dis- covered your purpose, live it. Let’s go! Wherever you are – three, two, one, scream as loud as you can, “JUMPPPPPPPPPPP!”

What we just did is jumped in our mind first. Everyone was scared that you were jumping to your death, and you didn’t know 100% that you were going to soar. Now, envision you being a bird flying with no wings; or you’re gliding like a plane but with no engine; or you’re a super hero with no cape. It’s breathtaking.

Other people are now amazed because you defied all odds. You have just unlocked the only thing that was holding you back: YOU!

You just experienced a magical moment in your life, and now you have the steps to create more. It’s time to inspire until the day your life expires. Everything that you do will create power for the others who didn’t believe. You never knew that having the courage for your life would affect the world.

No matter who you are and what you’ve been through, we all have an innate gift that we must unwrap to discover our full potential. I believe in you, and with

activating this project, others will too. It's amazing that you can control your life by adding this process to it.

Through trial and error, I have learned that it is important to be informed on every level that you can. This will allow you to jump even higher. At each level in your life, you will discover new information that can be applied to assist with your vertical.

I take the meat and leave the bones. I listen more than I talk. And then, after I do that, I do extensive studies to come up with the answer of my choice. You have to do the work at all times or else your vertical will stay the same or get worse.

Keep seeking knowledge. Keep pushing yourself beyond your comfort zone while still understanding this process. Regardless of any book that you have read, any degree you have obtained, or how much money and success you have, the process of repairing, preparing, activating, and jumping will apply.

I try to come up with steps that the entire world can catch on to. Even when I was a choreographer, my philosophy was that I could teach anyone how to dance through repetition, patience, and vision. I called it

“effortless choreography.”

We are watching the entire world do it every day on TikTok. Your steps need to be this clear and effortless for you to obtain your goals on a consistent basis and teach others how to do the same.

Remember, when living in your purpose, you have to be purposeful. Everything that you do should have layers of results that you desire. Ensure that one of the results is for other people. The only way to change this world is by affecting the people in and around your life, every chance that you get.

Don’t get caught up in the results of people. By doing that, it can be really frustrating, especially with the ones you care about. Some people will get it, and for others it will take awhile for them to understand. Most people will never get it -- but that’s okay -- because what should be important to you is to fertilize them from a high level, pay attention, and watch who grows. That’s who you give special attention to.

Don’t waste time on the feelings of this world. More importantly, connect with like-minded thinkers who are ready to JUMP and build new values.

We are all on borrowed time, as if we're driving a car full steam ahead, knowing one day we will crash and have a fatal accident. No one will ever know when their life is over until it's over. Keep this in the front of your mind. This will remind you to spend your time wisely.

As you become an eagle, you will come across other people that can fly as well, but not on your level. The only way to obtain the highest altitude is to be open-minded, have God first in your life, and vicariously live through others' experiences.

As my grandfather would say, "Can you imagine if eagles ran in a pack like lions or hyenas? They would be the deadliest creatures on earth."

An eagle can see a rabbit three miles away. The wingspan of an eagle reaches up to eight feet. Imagine how many people you can touch. The claw size of an eagle is three to four inches long, making it easier to grab what they desire.

The highest flying bird in the world, the eagle, can see on another level, multiple things at one time (mindset). Even the most powerful bird in the world has

to go through a painful transformation.

At thirty years, an eagle has a hard decision to make. Tear off his old feathers, break his claws one by one, rip off his beak, or die (vulnerability). Even the eagle has to repair, prepare, activate, and jump again.

After the painful transformation, the eagle lives his next 30 years brand new. This will apply to you at some point in your life as well. But look at the bright side: It's better than being a chicken like most people.

You are not that excited when you see such a common bird. They usually keep their heads to the ground, cannot fly that high, and do more flapping (talking) than anything.

Most people just exist in this life with no direction on how to obtain the goals that they desire. Usually, their outcome will be similar to a chicken's, and both will be filled with steroids.

For the chicken, it's to make them grow faster and bigger, before it is slaughtered for consumption. The steroids that you devour will stunt your growth, stop your faith, and make you complacent.

Ultimately, both fates are the same because you

were born to die, never to live. Once you have lived to your fullest potential, true happiness and love will appear. It’s time to J.U.M.P. (Just Understanding My Purpose).

(Don't forget to write the steps to your greatness.)

ACTIVATION TIPS

- *When you finally take your jump and make it through all the adversity in your life, don't think that everybody is praising you. Many will not be praising you, but that, too, is okay. Look in the mirror again and embrace your new reflection.*
- *The God's Perspective -- Discover how to denounce traditions and conditions you have been taught. When you start to view life from a higher altitude, you will get a totally different perspective on life.*
- *Stop questioning God every step of the way. Instead of asking Him, "Why did You wake me up?" or "What is my purpose?", thank Him for waking you up to go discover your purpose and to live it out to the fullest. Let's develop more statements than questions! When you are closer to God, the conversation is a little different.*
- *You control what you desire in this world. Speak it! Claim it! Manifest it! And then do the work daily!*
- *First you must envision that you can jump, once*

your mind is finally made up. Don't over think it, just do it. Most people will think that it will never happen for you. However, in that moment, you will defy all the odds, and they will finally understand your greatness. J.U.M.P. (Just Understanding My Purpose)

“MY STEPS TO GREATNESS”

“MY STEPS TO GREATNESS”

“MY STEPS TO GREATNESS”

“MY STEPS TO GREATNESS”

“MY STEPS TO GREATNESS”

“MY STEPS TO GREATNESS”

“MY STEPS TO GREATNESS”

“MY STEPS TO GREATNESS”

“MY STEPS TO GREATNESS”

“MY STEPS TO GREATNESS”

“MY STEPS TO GREATNESS”

There are only three steps to changing your life:

DO IT... BELIEVE IT...
Then the world will SEE IT.

Most people SEE IT... BELIEVE IT...
but will never DO anything.

J.U.M.P

Just Understanding My Purpose

IF YOU TAKE YOUR J.U.M.P YOUR LIFE WILL CHANGE!